

# River Gardens



## Celebrating July

**Canada Day**  
*July 1<sup>st</sup>*

**Musical Entertainment by:**  
**Celebrity Productions**  
**“All About Canada Show”**  
*July 2<sup>nd</sup>*

**Strawberry Social**  
*July 6<sup>th</sup>*

**Blood Pressure & Weights**  
*July 11<sup>th</sup>*

**Avon River Boat Ride & Lunch on the  
Boathouse Patio**  
*July 17<sup>th</sup>*

**Birthday Party with:**  
**Michael Kelly-Cavan**  
*July 20<sup>th</sup>*

**Fishing Trip to: Lyndon Fishing Pond**  
*July 24<sup>th</sup>*

**Musical Entertainment by:**  
**Stratford Police Pipes & Drums**  
*July 25<sup>th</sup>*

**Musical Entertainment by:**  
**Dan the Country Man**  
*July 27<sup>th</sup>*

## River Gardens News

- There are a few changes to the exercise schedule, please refer to the July calendar for complete changes. The following major changes are:
  - \*\*Go with the Flow will be on Mondays at 9:45am
  - \*\*David that teaches Chair Yoga is on holidays the first week of July. Chair Yoga will be changed to 10am on Wednesdays, starting Wednesday, July 11<sup>th</sup>.
  - \*\*On Thursdays we will be offering a Seated Balance Class at 9:45am and a Standing Balance Class at 10:30am.
  - \*\*Friday's we will be offering a brand-new DANCE CLASS!!!! No experience necessary! Everyone is welcome!
- Join us for an Avon River Boat Cruise and Lunch at the Boathouse on Tuesday, July 17<sup>th</sup>. Sign up with Ashley to reserve your spot! Departure time is 10:30am (sharp!) and time due back at River Gardens is 1pm. Costs are: \$5 transportation fee , Boat Cruise (\$7.50 for seniors) plus lunch off the Boathouse menu.
- Join us on Tuesday, July 24<sup>th</sup> for a trout fishing adventure! We will be going to Lyndons Fishing Pond outside of New Hamburg. Cost is: \$5 transportation fee plus \$10 admission into the pond, fishing rods will be provided. Sign up with Ashley.

## Cleri-who?



The clerihew may not be the most well-known form of poetry, but it does enjoy its own holiday on July 10, Clerihew Day. Edmund Clerihew Bentley, English writer and humorist born on July 10, 1875, invented the clerihew in 1905 when his first book of poetry

was published. What is a clerihew? It's a short, four-line poem, made up of two rhyming couplets. What makes the clerihew so popular is that its subject is often a whimsical take on a celebrity. What inspired E.C. Bentley to invent the clerihew? Rumor has it that he wrote his first as a teenager in high school:

Sir Humphrey Davy  
Abominated gravy.  
He lived in the odium  
Of having discovered sodium.

Where most kids would be content to doodle in the margins of their notebooks during a boring chemistry lecture, Bentley instead invented an art form. His success may have been helped by his close friendship with the renowned British author, philosopher, and poet G.K. Chesterton, who helped popularize the clerihew. Other famous writers also experimented with the form, including poet W.H. Auden, but the beauty of the clerihew lies in the fact that anyone can write one. All you have to do is choose a famous person and rhyme the first and last two lines, like this:

Cher  
(To compare)  
Has more money  
Than Sonny.

While Bentley is remembered for the clerihew, he should also be given his due as a crime novelist. His mystery *Trent's Last Case*, published in 1931, is widely considered the first modern mystery. This original clerihew is for him:

*Trent's Last Case* was a mystery  
That made literary history.  
But we remember Bentley's clerihew  
More than his tales of derring-do.

## July Birthdays

In astrology, those born between July 1–21 are Crabs of Cancer. Guided by their hearts, Crabs are deeply emotional and nurturing. They create deep bonds and comfortable homes and are always willing to welcome people into their circle. Those born between July 22–31 are Lions of Leo. Leos are natural-born leaders: confident, charismatic, creative, and warmhearted. Leos also use their humor and loyalty to bring people together to work for a common cause.

### Resident Birthdays

- **Arlene Z. – July 4<sup>th</sup>**
- **Dora R. – July 5<sup>th</sup>**
- **Dorothy H. – July 13<sup>th</sup>**
- **Marjorie C. – July 16<sup>th</sup>**
- **Beryl H. – July 29<sup>th</sup>**

## The World in Watercolor



July is World Watercolor Month in appreciation of this wonderful art form. In watercolor painting, colored pigments are suspended in water. Watercolor painting may be the first type of painting ever done by humans on cave walls. Watercolor was also used in East Asia, the Middle East, ancient Egypt, Italy, and Ethiopia. Watercolor techniques were initially used for mere sketches or copies. Oil was considered a superior medium. However, as the technique was perfected by masters of the Renaissance and beyond, watercolor became a renowned and complicated medium. While it appears to be an easy method of painting, it takes years to become accomplished. Luckily, the low cost of watercolors allows most anyone the chance to paint with this enduring art form.