






















SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div></div>		<div></div>	<div><div>9:45 Outdoor Walking Group</div><div>10:30 Town Hall</div><div>11:00 BBQ on the Patio</div><div>2:00 Social Hour: <i>Dog Days of Summer</i></div><div>3:30 Happy Hour with Mary Lou</div></div>	<div><div>10:00 Balance Class</div><div>10:00 Tuck Shop</div><div>12:45 Sit & Knit with Dorota</div><div>2:00 </div><div>6:00 Pepper Card Game</div></div>	<div><div>8:00 Men's Breakfast</div><div>10:00 Body Moves</div><div>10:00 Catholic Communion</div><div>10:30 Scattergories</div><div>2:00 July Birthday Celebrations <i>with Randy Grey</i></div><div>6:00 Pet Therapy </div></div>	<div><div>9:30am</div><div>PERK & BREW CONVERSATION HOUR </div><div>2:00pm</div><div>CHILL & CHAT</div></div>
<div><div>6</div><div>Noteworthy Summer Quotes</div><div>"Summertime, and the living is easy" – Ella Fitzgerald</div></div>	<div><div>7</div><div>10:00 Go with the Flow</div><div>10:00 Tuck Shop</div><div>10:30 Coffee & Book Club <i>with Dorota</i></div><div>2:00 Ladies Tea </div></div>	<div><div>8</div><div>10:00 Strength Class </div><div>10:30 Church Service <i>with Gayle and Glen</i></div><div>1:30 Travelogue with Laurie <i>"Exploring Sri Lanka"</i></div><div>6:00 Euchre </div></div>	<div><div>9</div><div>9:00 Blood Pressure & Weight Clinic (9:00am-10:00am)</div><div>10:00 Morning Meditation</div><div>10:30 "Lets Talk Mental Health"</div><div>11:00 BBQ on the Patio</div><div>2:00 Social Hour: <i>Banana Split Day</i></div><div>3:30 Happy Hour with Mary Lou</div></div>	<div><div>10</div><div>10:00 Balance Class</div><div>10:00 Tuck Shop</div><div>10:30 Buzzword</div><div>2:00 </div><div>6:30 Summer Evening Series <i>with Carri</i></div></div>	<div><div>11</div><div>8:00 Men's Breakfast</div><div>10:00 Body Moves</div><div>10:00 Catholic Communion</div><div>10:30 General Trivia</div><div>2:00 Musical Entertainment <i>with Bob Flock</i></div><div>6:00 Pet Therapy </div></div>	<div><div>12</div><div>9:30am</div><div>PERK & BREW CONVERSATION HOUR </div><div>2:00pm</div><div>CHILL & CHAT</div></div>
<div><div>13</div><div>Noteworthy Summer Quotes</div><div>"It's a smile, it's a kiss, it's a sip of wine... it's summertime!" – Kenny Chesney</div></div>	<div><div>14</div><div>10:00 Go with the Flow</div><div>10:00 Tuck Shop</div><div>10:30 Name 5</div><div>2:00 Name that Tune </div></div>	<div><div>15</div><div>10:00 Strength Class </div><div>10:30 Board Games</div><div>2:00 Musical Entertainment <i>with Gerry Cutting</i></div><div>6:00 Euchre </div></div>	<div><div>16</div><div>10:00 Chair Yoga with Carri</div><div>10:30 Reminisce</div><div>11:00 BBQ on the Patio</div><div>1:30 Landscape Painting <i>with Dorota</i></div><div>3:30 Happy Hour with Mary Lou</div><div>NATIONAL HOT DOG DAY</div></div>	<div><div>17</div><div>10:00 Balance Class</div><div>10:00 Tuck Shop</div><div>10:30 Name 5</div><div>12:45 Sit & Knit with Dorota</div><div>2:00 </div><div>6:00 Pepper Card Game</div></div>	<div><div>18</div><div>8:00 Men's Breakfast</div><div>10:00 Body Moves</div><div>10:30 Catholic Mass Service</div><div>2:00 Social Hour: <i>National Daiquiri Day</i></div><div>6:00 Pet Therapy </div></div>	<div><div>19</div><div>9:30am</div><div>PERK & BREW CONVERSATION HOUR </div><div>2:00pm</div><div>CHILL & CHAT</div></div>
<div><div>20</div><div>Noteworthy Summer Quotes</div><div>"In summer, the song sings itself" – William Carlos Williams</div></div>	<div><div>21</div><div>10:00 Go with the Flow</div><div>10:00 Tuck Shop</div><div>10:30 Coffee & Book Club <i>with Dorota</i></div><div>2:00 Play Outside Day <i>Yard games on the back patio!</i></div></div>	<div><div>22</div><div>10:00 Strength Class </div><div>10:30 Church Service <i>with Gayle and Glen</i></div><div>2:00 Musical Entertainment <i>with Bob Lauze</i></div><div>6:00 Euchre </div></div>	<div><div>23</div><div>10:00 Chair Yoga with Carri</div><div>10:30 "Lets Talk Mental Health"</div><div>11:00 BBQ on the Patio</div><div>1:30 Landscape Painting <i>with Dorota</i></div><div>3:30 Happy Hour with Mary Lou</div></div>	<div><div>24</div><div>10:00 Balance Class</div><div>10:00 Tuck Shop</div><div>10:30 Buzz Word</div><div>2:00 </div><div>6:30 Summer Evening Series <i>with Carri</i></div></div>	<div><div>25</div><div>8:00 Men's Breakfast</div><div>10:00 Body Moves</div><div>10:00 Catholic Communion</div><div>10:30 Who/What Am I?</div><div>2:00 Social Hour: <i>The Cherry on the Top!</i></div><div>6:00 Pet Therapy </div></div>	<div><div>26</div><div>9:30am</div><div>PERK & BREW CONVERSATION HOUR </div><div>2:00pm</div><div>CHILL & CHAT</div></div>
<div><div>27</div><div>Noteworthy Summer Quotes</div><div>"Summer breeze makes me feel fine" – Seals & Crofts</div></div>	<div><div>28</div><div>10:00 Go with the Flow</div><div>10:00 Tuck Shop</div><div>10:30 Chicken Soup for the Soul</div><div>2:00 Wheel of Fortune</div></div>	<div><div>29</div><div>10:00 Strength Class </div><div>10:30 Wacky Wordies</div><div>1:30 Movie Matinee & Popcorn </div><div>6:00 Euchre </div></div>	<div><div>30</div><div>9:45 Outdoor Walking Group</div><div>10:30 Scattergories</div><div>11:00 BBQ on the Patio</div><div>2:00 Social Hour: <i>International Day of Friendship</i></div><div>3:30 Happy Hour with Mary Lou</div><div>6:45 Stratford Police Pipe & Drum Band </div><div><i>(in the front parking lot)</i></div></div>	<div><div>31</div><div>10:00 Balance Class</div><div>10:00 Tuck Shop</div><div>10:30 Giant Crossword</div><div>12:45 Sit & Knit with Dorota</div><div>2:00 </div><div>6:00 Pepper Card Game</div></div>	<div>ACTIVITY CALENDAR JULY 2025</div>	