

JULY 2025

RIVER GARDENS RETIREMENT RESIDENCE NEWSLETTER



June 20 — National Ice Cream Soda Day: You know you are on to something good when the patio is full of smiles and laughs - and ice cream sodas! Residents celebrated National Ice Cream Soda Day on June 20 with ice cream sodas on the patio. With a variety of flavours to choose from there was no overwhelming favourite... but Cream Soda was perhaps the favourite by a small margin. We have lots of activities planned this summer on the patio (including our weekly Wednesday BBQ lunch) so be sure to join us!



June 24 — Outdoor Yard Games: Summer arrived in full force in June — so much so that we had to move our Outdoor Yard Games indoors to avoid the extreme heat! Regardless, residents (and staff) had fun participating in some traditional yard games - more photos on back!



JULY SPECIAL EVENTS

A complete list of July activities can be found inside on our Activity Calendar.


River Gardens

RETIREMENT RESIDENCE

10 ROMEO STREET NORTH, STRATFORD, ONTARIO

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May 23 — Scavenger Hunt: It took teamwork but we got the job done! Thank you to everyone who participated in our “Selfie” Scavenger Hunt — residents and staff had great fun following clues and taking selfie photographs with 12 items hidden around the building. It was an activity that kept everyone thinking and was a great way to spend an afternoon with friends.

June 24 — Outdoor Yard Games continued...



JULY Birthdays



In astrology, those born July 1–22 are **Cancer’s Crabs**. Crabs like to retreat into their “shells” and enjoy being surrounded by loved ones at home. They nurture deep relationships and become loyal friends.

Those born July 23–31 are **Leo’s Lions**. These “kings of the savanna” are natural-born leaders, full of creativity, confidence and charisma. Leos use their generosity and sense of humour to unite different groups into a common cause.

July 1 Judith A
 July 3 Elsie S
 July 7 Bill D
 July 13 Tonie M
 July 20 Elsa C, Viola C
 July 26 Lorraine M
 July 27 Aldeen W